



Have you **MET** a person with Huntington's Disease?

Huntington's Disease (HD) is a hereditary neurodegenerative illness which brings **Movement**, **Emotion** and **Thinking** changes.

A person's symptoms can occur at any age, but for most people, they start between 35 and 50 years. About 5-10% of people experience symptoms before the age of 20 (Juvenile HD) and about 10% experience onset after age 60 (Late onset)



MOVEMENT

- Involuntary jerky movements
- Coordination difficulties
- Problems with walking, talking and swallowing
- Weight loss



EMOTION

- Depression
- Anxiety
- Apathy
- Mood changes
- Compulsive thinking



THINKING

- Difficulty planning and making decisions
- Slower thinking
- Harder to recall information
- Problems focusing



Huntington's Disease
Association of Ireland

Multidisciplinary therapies and medication can treat symptoms
While awaiting a Cure, we can treat Huntington's Disease with Understanding